



# Newsletter

How to contact us.

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Mates n' Dates  
Co-ordinator

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The Mates n' Dates

ADDRESS

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Witney, OX28 1UD

It has been quite a busy time in the Mates n' Dates office. We now have a Volunteer Co-ordinator. Her name is Hannah and she will help get volunteers to support people to attend events and dates.

We also have a Mingle Co-ordinator. His name is Hayden and he will run the Mingle Group.

160 people came to our Ball this year. We met lots of new people who will hopefully join Mates n' Dates.

If you had your photo taken and would like to see or buy a copy, go to



[www.michaelhilarystudios.co.uk](http://www.michaelhilarystudios.co.uk).

Contact me for the gallery password.

The Mingle Group is an extra special group that offers support for:

Men who are looking to meet other men	Women who are looking to meet other women
Men who live as women	Women who live as men
Men or Women who like to cross dress	Men or women who aren't sure who they are looking to meet

We're a friendly group who share stories about our lives and get to know each other. If we are not in the pub, we are meeting up to learn about lots of different stuff, such as keeping safe, talking about difficult topics with our families and friends and how to deal with people that are not so understanding.



If you would like to find out more contact:

Hayden Stothard - Mingle Coordinator.

Hi, my name is .....

**SPEED DATING** Mates n' Dates will be holding regular speed dating events through the year.

These events are for members who really want to meet a boyfriend or girlfriend.

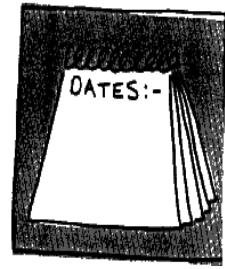


We know that dating can sometimes be scary. 2 people from Mates n' Dates will put on a small play to give you an idea of what might happen on your date.

You will sit and talk to another person for about 5 minutes. You can ask questions and get to know them.

Each person is given a piece of paper to write their thoughts about the other person. You can write if you would like to meet the person again or not. After 5 minutes, the men will be asked to move to the next lady. There will be lots of people to help. For more information on the Speed Dating events please call the Mates n' Dates office.

# DIARY OF EVENTS



## **SPEED DATING** February

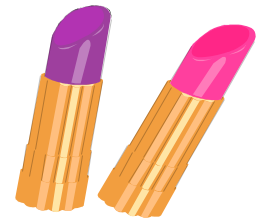
This event is only for Mates n' Dates members who want to date other members. Please call the Mates n' Dates office for details.

**STINGRAY CLUB** OX1 Lounge, The Jam Factory, Park End Street, Oxford



Look on the My Life My Choice web site for the next date [www.mylifemychoice.org.uk](http://www.mylifemychoice.org.uk)

**LADIES PAMPER NIGHT** Tuesday 16 March  
7pm-9pm £2.50 members £4 non members.



**Mingle Group dates:**

27 January 2010 Brewery Gate Pub, St Thomas Street Oxford. 12 noon to 2 pm

24 Feb Time and Venue to be arranged



Contact Nicola Oddy on 01993 899987  
for more information on any of these events.



Mates n Dates supports the  
Stay up late campaign!  
[www.stayuplate.org](http://www.stayuplate.org)



**Hi!** My name is Hannah and I started working for Mates n' Dates in October, as a Volunteers Coordinator.



I have recently moved back to Oxfordshire, after living in Manchester and working for Manchester Mencap and Age Concern Bolton.

I am very much enjoying my new role with Mates n' Dates and have been getting to know everyone, how things work and was lucky enough to come to the ball! Everyone has been very kind and friendly and I've been really impressed and excited to learn about what Mates n' Dates does! I hope that my job will add to what is already on offer.

My job is to find volunteers to help out with Mates n' Dates. I am looking for people from across Oxfordshire to help out with our regular events such as Speed dating, Karaoke and Pamper evenings; assisting with one-to-one dates and helping to take people to and from groups and events. We hope that this will make running these events easier and more regular, alongside helping those people who might struggle to attend events and dates due to transport problems.

If anyone is interested in volunteering with Mates n' Dates please contact me for a chat - you'll be assured of a warm welcome and a great fun experience!

Please ring on 01993 899980 or 07912994165, or email [hwosltenholme@guidepoststrust.org.uk](mailto:hwosltenholme@guidepoststrust.org.uk)

Thanks and I hope to meet you soon!

Hannah

**Become a volunteer!**